“The longer I live, the more I realize the impact of attitude on life. Attitude is more important than the past, than education, than money, than circumstances, than what other people think or say or do. It is more important than appearances, giftedness, or skill. It will make or break a company, a church, a home. The remarkable thing is that we have a choice every day regarding the attitude we will embrace for that day. We cannot change the past. We cannot change the fact that other people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is our attitude. I am convinced that life is 10% what happens to me and 90% how I react to it. And so it is with you; we are in charge of our attitudes.”

-Charles Swindoll